

FEARNLEY DAY NURSERY 4 WEEKLY MENU

Day	Week 1	Week 2	Week 3	Week 4
Monday	Cheese and Potato Pie With peas Fruit Yogurt	Roast Turkey Dinner Treacle Sponge and Custard	Fish and Vegetable Bake with rice Ginger Sponge and Custard	Spaghetti Bolognese Semolina Pudding
Tuesday	Tuna Pasta Bake Chocolate Mousse	Cauliflower, Broccoli and Potato bake Fruit Yogurt	Mild Vegetarian Chilli with rice Peaches and Cream	Chicken Casserole with Creamy Mash Bananas and Custard
Wednesday	Sausage Casserole With Cabbage Pear Halves	Tuna and Sweetcorn Pie with white sauce Rice Pudding	Penne Pasta and Courgettes in a tomato sauce Fruit Yogurt	Fish Pie with Carrots Mangoes
Thursday	Macaroni Cheese Fruit Cocktail	Cheesy Bean, Tomato and Pasta Bake Pineapples	Roast Chicken Dinner Mandarin Oranges	Cheesy Broccoli Pasta Fruit Yogurt
Friday	Fish Fingers, Creamy Mash And Mixed Vegetables Jam Roly Poly & Custard	Chicken and Vegetable Pies new potatoes & Carrots Macaroni Pudding	Spinach and Ricotta Tortellini Lemon Sponge & Custard	Fish cakes, potatoes and Green Beans Apple Pie & Ice Cream

Afternoon Snacks are a choice of the following...

Wholemeal Sandwiches

Buttered Fruit Loaf

Cheese and Biscuits

Pittas / Carrot / Cucumber Sticks with a Humous Dip